

Dalcroze Workshop Series Eurhythmics, Solfège and Improvisation Spring 2020

Description: This workshop series explores the three core subjects of Dalcroze: *Eurhythmics*, the study of the elements of music through body movements; *Solfège*, ear training and musical literacy; and *Improvisation*, spontaneous musical expression using the piano and voice. These sessions are ideal for music professionals, music educators and students enrolled in a college/university music program.

Instructor: Laura Ono, Candidate for the Dalcroze Licence

Dates/Times: March 28, 10:15 am-12:15 pm
April 4, 10:00 am-12:00 pm
April 25, 10:00 am-12:00 pm
May 9, 10:00 am-12:00 pm

Location: Steel Recital Hall, UPEI (Charlottetown)

Fees: \$20 for the entire workshop series (4 classes). Advanced payment via e-transfer is preferred

Registration: Please email Laura Ono directly at laura@dalcroze.ca to register

About Dalcroze Eurhythmics

Dalcroze Eurhythmics is an approach to music education that recognizes the fundamental role of the body and of body movement in music perception and music performance. It was created at the turn of the 20th century by Émile Jaques-Dalcroze, a man of multiple talents. He was a pianist, a music composer and a stage director. He was also an educator and professor at the Geneva Music Conservatory in Switzerland. His ideas have been confirmed by contemporary research and are of interest to people working in various fields, notably in music, dance, theatre, education and therapy. Dalcroze Eurhythmics can be applied at all levels of education, from early years to higher education, as well as in community and therapeutic settings.

Jaques-Dalcroze used to say “let your body become music.” In a Dalcroze class, we hear the music and we respond to it physically. We embody the music by experiencing and grasping it through our whole being – through our emotions, sensations, feelings and thoughts. All musical concepts are developed in and through body movement, which is the link between the ear and the brain, leading the students to an embodied and deeply internalized understanding of music. This allows us to gain a practical, physical experience of music before we theorise and perform. It ensures that the whole person (not just the fingers and the brain) is educated in the development of musicianship and artistry.

About the Instructor

Laura Ono is the newest Council Member of the PEIRMTA, having just moved to the Island from Toronto in May 2019. She has a Certificate in Dalcroze Eurhythmics from the Longy School of Music of Bard College (Cambridge, MA), and is currently completing overseas studies in the Dalcroze License, which is a credential for teacher-training. Laura also holds an ARCT in piano performance from the Royal Conservatory of Music (RCM) as well as an Advanced Certificate in Early Childhood Music Education, a joint program between the RCM and Ryerson University. She has also completed pedagogy studies in Kodály and Orff.